

prayer & fasting

7 Day Liberty Church FAST

**Starting 1 Week from Today**

*This week*

**This Week - Spiritual Goals**

*Handout*



# Getting **STRONGER** in your



## DAILY PRAYER TIME



*one step at a time*



# Activities

- Meals
- Bathroom
- Driving
- Exercise & Stretching
- Yard work
- House work
- Pillow Massager



Mouth

*Psalm 81:10*

*I am the LORD your  
God, who brought  
you up out of Egypt.*

***Open Wide  
your Mouth &  
I will ***FILL*** it.***

1. **Armor of God**
2. **Tongues**
3. **Worship**
4. **Quoting**



By Faith – *I Release, I Trust, I Receive, I Claim, I DRINK*

LET YOUR FAITH  
BE LIKE A SHIELD,  
AND YOU WILL BE ABLE TO STOP  
ALL THE FLAMING ARROWS  
OF THE EVIL ONE.

EPHESIANS 6:16



I Pt. 1:5 who are **Kept** by the **Power** of God through **Faith**

Works vs. Sensing God's Presence

1 Cor. 16:13 **Stand Firm** in the **Faith**;  
be courageous; be **Strong**



Mark 11:24 Therefore I tell you, whatever you ask for in prayer, **Believe** that you have **Received** it, and it will be **Yours. IMP.**  
Faith

Heb. 11:1 Now faith is **Confidence** in what we **Hope** for and assurance about what we do not see.

Heb. 11:6 And without faith it is **Impossible** to **Please God**, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.

faith



**Belt** → *John 14:17, 15:26, 16:13* - Spirit of **TRUTH**

**Breastplate** → *Rom. 8:15* - Spirit of **Sonship**

**Shoes** → *1 Thess. 5:23* - the God of **Peace**

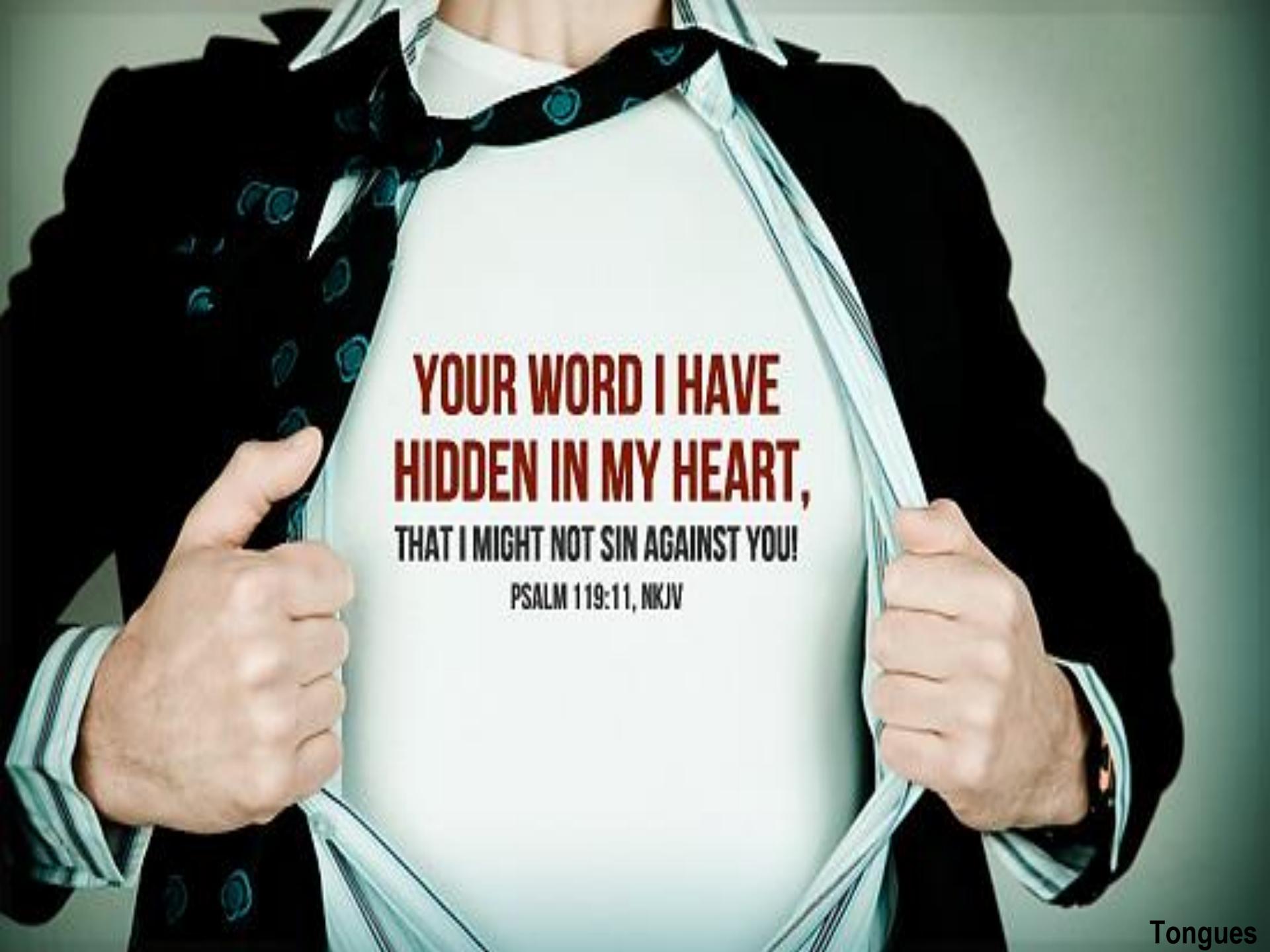
**Shield** → *2 Cor. 4:13* - Spirit of **Faith**

**Helmet** → *Heb. 9:14* - **Eternal Spirit**

**Sword** → *Rev. 19:10* - Spirit of **Prophecy**

Greatest Power

By Faith – ***I Release, I Trust, I Receive, I Claim, I***



**YOUR WORD I HAVE  
HIDDEN IN MY HEART,  
THAT I MIGHT NOT SIN AGAINST YOU!**

PSALM 119:11, NKJV





Getting  
**STRONGER**  
in your



DAILY  
PRAYER  
TIME



*one step at a time*

**10 years - 20 steps**

# 1 Minute - DEBRIEF

- Your **Favorite** pt. or what **Helped** you
- **Prayers**



**Seekers** & **Salvation**



***Pastor Johns***  
***Personal testimony 2 cds***