



External Pressure Divided by:

Internal **strength**



Pleasure II Tim. 3:4

God

Lovers of
Pleasure

rather
than

Lovers of
GOD

Feel
Stressed



Pleasure

Craves

God

Ps. 78:29

They ate & had their fill; he
handed them **Everything**
they **Craved** on a platter.

But their **Greed** knew
No Bounds!!!!!!!

Prov. 21:26

All Day Long he
Craves for **More**

Feel
Stressed

Pleasure

God

Craves

Media

"After" - 3 times, Substances
Tests

1. Go w/out
2. Stop

Feel

Stressed

External Pressure Divided by:

Internal

strength

Downward Spiral called ?

Pleasure

God

Craves

1. Media

2. Blaming

Complaining Strife

External Pressure

Internal

strength

Feel

Stressed

Emptiness Grows

picture



Pleasure

God

Craves

1. Media

2. Blaming

Feel

Stressed

Same Question

write

Pleasure

Craves

1. Media

2 Blaming

Feel

Stressed

God

Calls

us to be

Willing
to **Change**

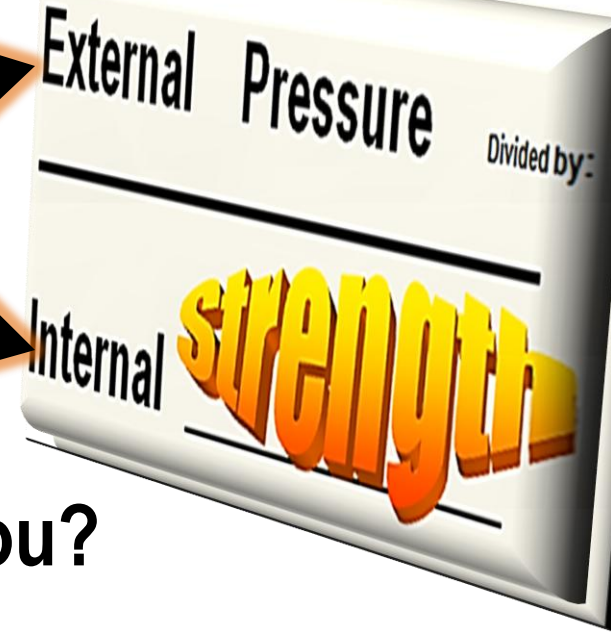
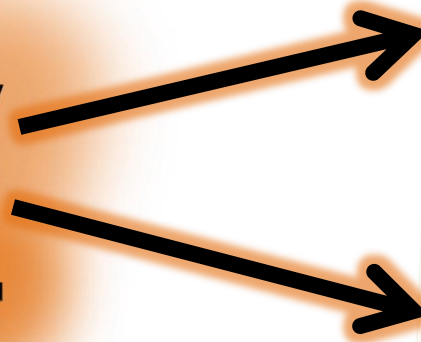
Ps. 51:17 The sacrifices of God
are a **Broken** spirit; a
Broken & Contrite
heart, O God,
you will not despise.

Stress – Increase / STAY willing

In **Stress** God is calling me to be **WILLING** to:

1. Change the Way I

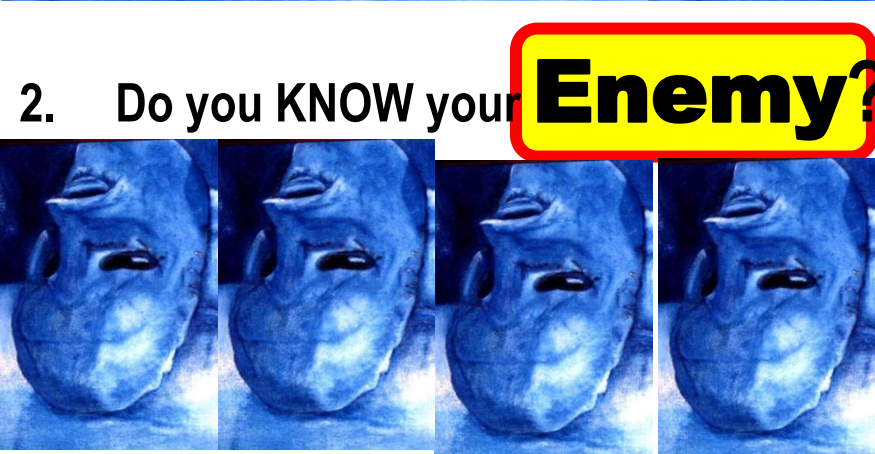
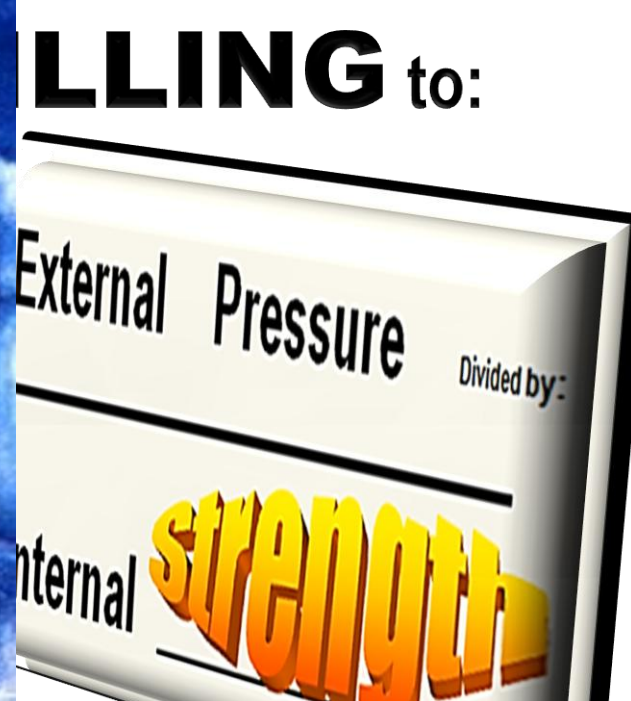
Pray



3 ?s

1. Is there **Obvious Daily Change** in you?

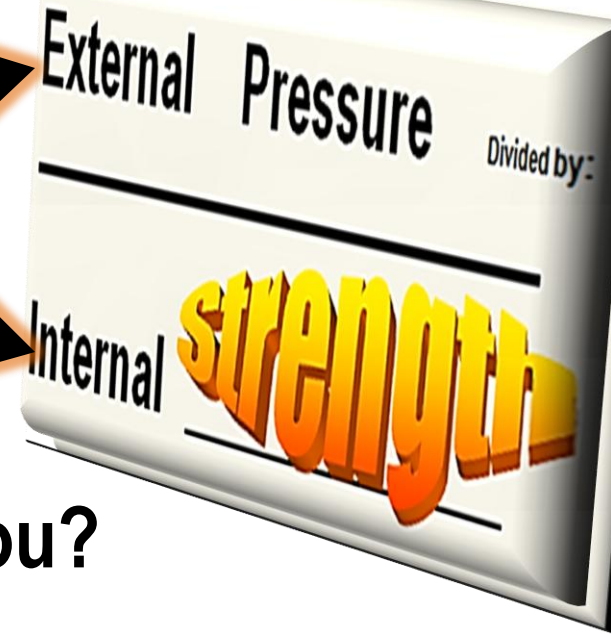
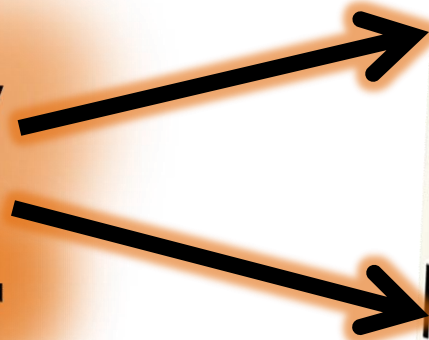
Consistent ?
Schedule ?
Issues ?
19th Description
7 Weapons?



In **Stress** God is calling me to be **WILLING** to:

1. Change the Way I

Pray



3 ?s

1. Is there **Obvious Daily Change** in you?

2. Do you KNOW your **Enemy**?

3 Are you **Willing** to **Change**

In **Stress** God is calling me to be **WILLING** to:

2. Change my

Decision

Making Process



► This Week's
Top Takeaways

1. **Def. of Stress**

2. When we feel **Stressed**

External Pressure Divided by:

Internal **strength**

Pleasure

Craves

1. Media

2. Blaming

God

Calls
us to be Willing
to **Change**
the way we **Pray**
& make

Decisions

Next 2 weeks

Seeking

but

NOT Ready

to commit

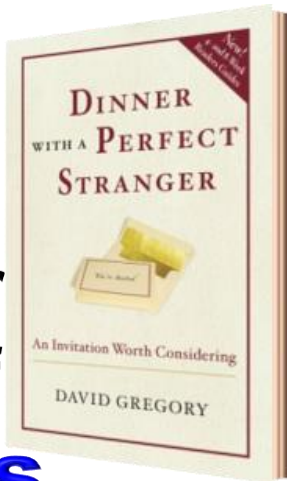
Everything to Jesus

Help

me to

remember
the def. of

Stress



Salvation

Ready TODAY

to give

Everything

to Jesus

I

Receive

Your Life

Inside me

Sold Out

Jesus is our

Only

Reason

For Living

I claim grace to
forever remember the

Definition

of

Stress

1 Minute - **DEBRIEF**

- Your ***Favorite*** pt. or what ***Helped*** you
- ***Prayers***



Seekers

&

Salvation



Pastor Johns
Personal testimony 2 cds